



WEEK 1

TCA starts here
MENU
THE WEEKS OF:

SEP 6 – 12
OCT 4 – 10
NOV 1 – 7
NOV 29 – DEC 5

WEEK 2

IBCS starts here
MENU
THE WEEKS OF:

AUG 16 – 22
SEP 13 – 19
OCT 11 – 17
NOV 8 – 14
DEC 6 – 12

WEEK 3

MENU
THE WEEKS OF:

AUG 23 – 29
SEP 20 – 26
OCT 18 – 24
NOV 15 – 21

WEEK 4

MENU
THE WEEKS OF:

AUG 30 – SEP 5
SEP 27 – OCT 3
OCT 25 – 31
NOV 22 – 28

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast: Continental	Belgian waffles	French toast sticks <i>w/continental</i>	Sausage, egg, and cheese bagel	Continental style: <i>Boiled eggs Cereal, bagels, etc.</i>	Eggs Sausage link Hash brown	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Chicken sandwich Mac & cheese Peas Pear Sugar cookie	Tacos Spanish rice Corn Peaches Churro	Chicken nuggets Shoestring fries Mixed veggies Apples Dinner roll	Waffle / French toast Sausage / Bacon Potato cubes Eggs Oranges	Pizza Carrots Fruit salad Oreo	Brunch
Dinner: Brown bag Pick up at lunch	Philly cheese sub Homemade chips Salad	Greek chicken Pita Tzatziki Cucumber	Spaghetti w/ meat sauce Garlic bread Broccoli Dessert	Chef's Choice	Odds & Ends Buffet	Chicken fried steak Mac-n-cheese bites Baked beans
Breakfast: Continental	Eggs and bacon	Cinnamon rolls <i>w/continental</i>	Sausage, egg, and cheese bagel	Continental style: <i>Boiled Eggs Cereal, bagels, etc.</i>	Breakfast burrito	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Hamburger Peas Tater tots Pears Choc chip cookie	Nachos Black beans Corn Peaches Churro	Chicken nuggets Curly fries Green beans Apples Biscuit	Chicken alfredo Cheese bread Broccoli Fruit salad Sugar cookie	Pizza Mixed veggies Pineapple Carnival cookie	Brunch
Dinner: Brown bag Pick up at lunch	Grilled chicken Fish Rice pilaf Roasted vegetable Oatmeal cookie	Fried chicken Mashed potato Yeast roll Corn Dessert	Lasagna Garlic bread California blend Cookie	Ham Baked potato bar Carrots Roll Ice cream	Odds & Ends Buffet	Chicken pot pie Corn Fruit
Breakfast: Continental	Belgian waffles	French toast sticks <i>w/continental</i>	Sausage, egg, & cheese bagel	Continental style: <i>Boiled eggs cereal, bagels, etc.</i>	Eggs Sausage link Hash brown	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Corn dog Soup of the day Chips Peas Oranges Vanilla wafers	Bean and cheese burrito Spanish rice Corn Peaches Sopapillas	Chicken nuggets Fries (sweet potato or crinkle cut) Green beans Apples Roll	Orange chicken Rice OR Lo mein Mandarin vegetable Egg roll Pineapple Fortune cookie	Pizza Carrot sticks Fruit salad Oreos	Brunch
Dinner: Brown bag Pick up at lunch	Beef & broccoli Fried rice Egg roll	Gyro French fries Salad	Chicken alfredo Bread stick Italian blend Cookie	Enchiladas Chips and salsa Spanish rice Refried beans Churro	Odds & Ends Buffet	Chicken Cordon Bleu Scalloped potato Dinner roll Vegetable
Breakfast: Continental	Eggs and bacon	Cinnamon rolls <i>w/continental</i>	Sausage, egg, and cheese bagel	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Breakfast burrito	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Spaghetti Garlic bread California blend Pears Choc chip cookie	Quesadilla Taquitos Corn Peach Churro	Chicken nuggets Waffle fries Green beans Apples Biscuit	Ham Melt Soup of the day Sun Chip Peas & carrots Oranges Vanilla wafers	Pizza Mixed veggies Pineapple Carnival cookie	Brunch
Dinner: Brown bag Pick up at lunch	Beef fajita Chips and salsa Beans Dessert tortilla	Hamburger w/toppings bar Fresh cut fries	Chicken parmesan Garlic bread Zucchini Dessert	Roast beef Mashed potatoes Green beans Ice cream	Odds & Ends Buffet	Taco Night

Box Requests

Please call (480) 245-7920. See the Student Handbook for the To-Go Box Policy.

Town Students & Guests

Commuting students and IBCS visitors may purchase tickets for on-campus meals at the TBC Front Desk.

Breakfast: \$4.00
Lunch: \$5.00
Dinner: \$6.00

Scheduled Menu Changes

See the weekly Heads Up for specifics.

Event and Date	B	L	D
Heart focus (Aug 17 - 19)			X
Missions services (Sept 21-22)			X
Missions banquet (Sep 23)			X
Family Fun night (Oct 31)			X
Youth Conference (Nov 12- 13)			X
Lessons & Carols (Dec 4)			X

Meal Times

Sunday
Breakfast: 8:00–8:30 a.m.
Lunch: Following ABF, when guest chef is ready
Dinner: Make your own sub during lunch

Monday–Friday
Breakfast: 6:45–7:45 a.m.
Lunch: 11:15 a.m.–12:30 p.m.
Dinner: 5:30–6:15 p.m.

Wednesday
Dinner: 5:15–5:45 p.m.

Saturday
Brunch: 11:00 a.m.–12:00 p.m.
Dinner: 5:30–6:15 p.m.

** Menu subject to change
Without prior notice **

All boxed meals will be in the warmer in the kitchen

