



WEEK 1

TCA starts here

MENU

THE WEEKS OF:

FEB 1 – 7

MAR 1 – 7

MAR 29 – APR 4

APR 26 – MAY 2

WEEK 2

IBCS starts here

MENU

THE WEEKS OF:

JAN 11 – 17

FEB 8 – 14

SPRING BREAK

APR 5 – 11

MAY 3 – 9

WEEK 3

MENU

THE WEEKS OF:

JAN 18 – 24

FEB 15 – 21

MAR 15 – 21

APR 12 – 18

WEEK 4

MENU

THE WEEKS OF:

JAN 25 – 31

FEB 22 – 28

MAR 22 – 28

APR 19 – 25

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------|---------------------------------------------------------------------|
| Breakfast: Continental | Belgian waffles | French toast sticks <i>w/ continental</i> | Sausage, egg, & cheese bagel | Continental style: <i>Boiled eggs, cereal, bagels, etc.</i> | Eggs Sausage link Hash brown | <i>Early Bird To-Go on request Friday nights.</i> |
| Lunch: Guest Chef | Chicken sandwich Mac & cheese Peas Pineapple Sugar cookie | Tacos Spanish rice Corn Peaches Churro | Chicken nuggets Shoestring fries Mixed veggies Apples Dinner roll | Waffle/French toast Sausage/Bacon Potato cubes Eggs Oranges | Pizza Carrots Fruit salad Oreo | Brunch |
| Dinner: Brown bag Pick up at lunch | Philly cheese sub Homemade chips Salad | Greek chicken Pita Tzatziki Cucumber | Spaghetti <i>w/ meat sauce</i> Garlic bread Broccoli Dessert | Chef's Choice | Odds and Ends Buffet | Chicken fried steak Mac & cheese bites Baked beans |
| Breakfast: Continental | Eggs & bacon | Cinnamon rolls <i>w/ continental</i> | Sausage, egg, & cheese bagel | Continental style: <i>Boiled eggs, cereal, bagels, etc.</i> | Breakfast burrito | <i>Early Bird To-Go on request Friday nights.</i> |
| Lunch: Guest Chef | Hamburger Peas Tater tots Pears Choc chip cookie | Nachos Black beans Corn Peaches Churro | Chicken nuggets Curly fries Green beans Apples Biscuit | Chicken alfredo Cheese bread Broccoli Fruit salad Brownie | Pizza Mixed veggies Pineapple Vanilla wafer | Brunch |
| Dinner: Brown bag Pick up at lunch | Grilled chicken Fish Rice pilaf Roasted vegetable Oatmeal cookie | Shepherd's Pie Asparagus Cake | Lasagna Garlic bread California blend Cookie | Ham Baked potato bar Carrots Roll Ice cream | Odds and Ends Buffet | Chicken pot pie Corn Fruit |
| Breakfast: Continental | Belgian waffles | French toast sticks <i>w/ continental</i> | Sausage, egg, & cheese bagel | Continental style: <i>Boiled eggs, cereal, bagels, etc.</i> | Eggs Sausage link Hash brown | <i>Early Bird To-Go on request Friday nights.</i> |
| Lunch: Guest Chef | Corn Dog Chips Peas Oranges Carnival cookie | Bean & cheese burrito Spanish rice Corn Peaches Sopapillas | Chicken nuggets Sweet Potato Fries Green Beans Apples Roll | Orange chicken Rice OR Lo Mein Mandarin vegetable Egg roll Pineapple Fortune cookie | Pizza Carrot sticks Fruit salad Oreos | Brunch |
| Dinner: Brown bag Pick up at lunch | Beef fajita Chips & salsa Beans Dessert tortilla | Hamburger <i>w/ toppings bar</i> Fresh cut fries | Chicken parmesan Garlic bread Zucchini Dessert | Roast beef Mashed potatoes Green beans Ice cream | Odds and Ends Buffet | Taco Night |
| Breakfast: Continental | Eggs & bacon | Cinnamon rolls <i>w/ continental</i> | Sausage, egg, & cheese bagel | Continental style <i>Boiled eggs, cereal, bagels, etc.</i> | Breakfast burrito | <i>Early Bird To-Go on request Friday nights.</i> |
| Lunch: Guest Chef | Spaghetti Garlic Bread California Blend Fruit salad Choc chip cookie | Quesadilla Taquitos Corn Peaches Churro | Chicken nuggets Waffle fries Green beans Apples Biscuit | Ham melt Soup of the day Sun Chips Peas & carrots Oranges Brownie | Pizza Mixed veggies Pineapple Vanilla wafer | Brunch |
| Dinner: Brown bag Pick up at lunch | Beef & broccoli Fried rice Egg roll | Fried chicken Mashed potato Yeast roll Corn Dessert | Chicken alfredo Bread stick Italian blend Cookie | Enchiladas Chips & salsa Spanish rice Refried beans Churro | Odds and Ends Buffet | Chicken Cordon Bleu Scalloped potato Dinner roll Vegetable |

Box Requests

Please call (480) 245-7920.
See the Student Handbook
for the To-Go Box Policy.

Town Students & Guests

Commuting students and
IBCS visitors may purchase
tickets for on-campus meals
at the TBC Front Desk.

Breakfast: \$4.00
Lunch: \$5.00
Dinner: \$6.00

Scheduled Menu Changes

See the weekly Heads Up for specifics.

| Event and Date | B | L | D |
|------------------------------|---|---|---|
| Re:Vive Retreat (Jan 30-31) | X | X | X |
| Softball Tournament (Feb 16) | | X | |
| IBCS Annual Banquet (Feb 21) | | | X |
| Spring Break (Mar 6-15) | X | X | X |
| Easter (Apr 5) | | X | X |
| End-of-Year Event (Apr 25) | | X | |
| Tacos & Testimonies (May 2) | | X | |
| Concert Rehearsal (May 7) | | X | |
| Commencement Concert (May 8) | | X | |

Meal Times

Sunday

Breakfast: 8:00-8:30 a.m.

Lunch: Following ABF, when guest chef is ready

Dinner: Pick up during lunch

Monday-Friday

Breakfast: 6:45-7:45 a.m.

Lunch: 11:15 a.m.-12:30 p.m.

Dinner: 5:30-6:15 p.m.

Wednesday

Dinner: 5:15-5:45 p.m.

Saturday

Brunch: 11:00 a.m.-12:00 p.m.

Dinner: 5:30-6:15 p.m.

** Menu subject to change
Without prior notice **

All boxed meals will be in
the warmer in the kitchen