



WEEK 1

TCA starts here
MENU
THE WEEKS OF:

SEP 7 - 13
OCT 5 - 11
NOV 2 - 8
NOV 30 - DEC 6

WEEK 2

IBCS starts here
MENU
THE WEEKS OF:

AUG 17 - 23
SEP 14 - 20
OCT 12 - 18
NOV 9 - 15
DEC 7 - 13

WEEK 3

MENU
THE WEEKS OF:

AUG 24 - 30
SEP 21 - 27
OCT 19 - 25
NOV 16 - 22

WEEK 4

MENU
THE WEEKS OF:

AUG 31 - SEP 6
SEP 28 - OCT 4
OCT 26 - NOV 1
NOV 23 - 29

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast: Continental	Belgian Waffles	French Toast Sticks <i>w/ Continental</i>	Sausage, Egg, & Cheese Bagel	Continental: <i>Boiled Eggs, Cereal, Bagels, etc.</i>	Eggs Sausage Link Hash Brown	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Chicken Sandwich Mac-n-Cheese Peas Oranges Sugar Cookie	Tacos Spanish Rice Corn Peaches Churro	Chicken Nuggets Shoestring Fries Mixed Veggies Apples Dinner Roll	Waffle/French Toast Sausage/Bacon Potato Cubes Eggs Pears	Pizza Carrots Fruit Salad Brownie	Brunch
Dinner: <i>To-Go Dinner Sandwich Bar during Lunch</i>	Philly Cheese Sub Homemade Chips Salad	Greek Chicken Pita Tzatziki Cucumber	Spaghetti w/ Meat Sauce Garlic Bread Broccoli	Chef's Choice	Odds & Ends Buffet	Chicken Fried Steak Mac-n-Cheese Bites Baked Beans
Breakfast: Continental	Eggs & Bacon	Cinnamon Rolls <i>w/ Continental</i>	Sausage, Egg, & Cheese Bagel	Continental: <i>Boiled Eggs, Cereal, Bagels, etc.</i>	Breakfast Burrito	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Hamburger Peas Tater Tots Pears Choc. Chip Cookie	Cheese/Meat Nachos Black Beans Corn Peaches Churro	Chicken Nuggets Curly Fries Green Beans Apples Biscuit	Chicken Alfredo Cheese Bread Broccoli Fruit Salad Italian Ice	Pizza Mixed Veggies Pineapple Carnival Cookie	Brunch
Dinner: <i>To-Go Dinner Sandwich Bar during Lunch</i>	Grilled Chicken Fish Rice Pilaf Roasted Veggies Oatmeal Cookie	Shepherd's Pie Asparagus Cake	Lasagna Garlic Bread California Blend Cookie	Ham Baked Potato Bar Carrots Roll Ice Cream	Odds & Ends Buffet	Chicken Pot Pie Corn Fruit
Breakfast: Continental	Belgian Waffles	French Toast Sticks <i>w/ Continental</i>	Sausage, Egg, & Cheese Bagel	Continental: <i>Boiled Eggs, Cereal, Bagels, etc.</i>	Eggs Sausage Link Hash Brown	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Corn Dog Chips Peas Oranges Vanilla Wafers	Bean & Cheese Burrito Spanish Rice Corn Peaches Dessert Tortilla	Chicken Nuggets Sweet Potato Fries Green Beans Pears Roll	Orange Chicken Rice OR Lo Mein Mandarin Veggies Egg Roll Pineapple Fortune Cookie	Pizza Carrot Sticks Fruit Salad Oreos	Brunch
Dinner: <i>To-Go Dinner Sandwich Bar during Lunch</i>	Beef Fajita Chips & Salsa Beans Dessert Tortilla	Hamburger w/ Toppings Bar Fresh Cut Fries	Chicken Parmesan Garlic Bread Zucchini Dessert	Enchiladas Chips & Salsa Spanish Rice Refried Beans Churro	Odds & Ends Buffet	Taco Night
Breakfast: Continental	Eggs & Bacon	Cinnamon Rolls <i>w/ Continental</i>	Sausage, Egg, & Cheese Bagel	Continental: <i>Boiled Eggs, Cereal, Bagels, etc.</i>	Breakfast Burrito	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Spaghetti Garlic Bread California Blend Peaches Choc. Chip Cookie	Quesadilla Taquitos Corn Pears Churro	Chicken Nuggets Waffle Fries Green Beans Apples Biscuit	Ham Melt Soup of the Day Sun Chip Peas & Carrots Oranges Brownie	Pizza Mixed Veggies Pineapple Carnival Cookie	Brunch
Dinner: <i>To-Go Dinner Sandwich Bar during Lunch</i>	Beef & Broccoli Fried Rice Egg Roll	Fried Chicken Mashed Potato Yeast Roll Corn Dessert	Chicken Alfredo Bread Stick Italian Blend Cookie	Roast Beef Mashed Potatoes Green Beans Ice Cream	Odds & Ends Buffet	Chicken Cordon Bleu Scalloped Potato Dinner Roll Vegetable

Box Requests

Please call (480) 245-7920.
See the Student Handbook
for the To-Go Box Policy.

Town Students & Guests

Commuting students and
IBCS visitors may purchase
tickets for on-campus meals
at the TBC Front Desk.

Breakfast: \$4.00
Lunch: \$5.00
Dinner: \$6.00

Scheduled Menu Changes

See the weekly Heads Up for specifics.

Event and Date	B	L	D
Labor Day (Sep 1)	X	X	X
Missions events (Sep 20-24)	X	X	X
Fall break (Oct 16 -19)	X	X	X
Men's Retreat (Oct 24-25)			X
Family Fun Night (Oct 31)			X
Youth Conference (Nov 13-14)	X	X	X
Thanksgiving Break (Nov 26-30)	X	X	X
Lessons & Carols (Dec 5)			X

Meal Times

Sunday
Breakfast: 8:00–8:30 a.m.
Lunch: Following ABF, when guest
chef is ready
Dinner: Make your own sub
during lunch

Monday-Friday
Breakfast: 6:45–7:45 a.m.
Lunch: 11:15 a.m.–12:30 p.m.
Dinner: 5:30–6:15 p.m.

Wednesday
Dinner: 5:15–5:45 p.m.

Saturday
Brunch: 11:00 a.m.–12:00 p.m.
Dinner: 5:30–6:15 p.m.

** Menu subject to change
Without prior notice **

All boxed meals will be in
the warmer in the kitchen

