



WEEK 1

TCA starts here
MENU
THE WEEKS OF:

Feb 4-10
Feb 25-Mar 2
Mar 24-30
April 21-27

WEEK 2

IBCS starts here
MENU
THE WEEKS OF:

Jan 15-20
Feb 11-17
Mar 3-9
Mar 31-April 6
April 28-May 4

WEEK 3

MENU
THE WEEKS OF:

Jan 21-27
Feb 18-24
Spring Break
April 7-13

WEEK 4

MENU
THE WEEKS OF:

Jan 28-Feb 3
Sept 24-30
Mar 17-23
April 14-20

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast: Continental	Belgian waffles	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Sausage, egg, and cheese bagel	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Eggs Sausage link Hash brown	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Teriyaki chicken Rice Egg roll Mandarin oranges Fortune Cookie	Tacos Spanish rice Corn Peaches Churro	Chicken nuggets Shoestring fries Peas Apples Biscuit	Pancake, French toast or waffle Sausage / bacon Potato cubes Eggs	Pizza Carrot sticks Oranges Vanilla wafers	Brunch
Dinner: <i>To-Go Dinner</i> Sandwich Bar Chips	Philly cheese sub Fresh cut fries Salad	Shepherd's Pie Asparagus Cake	Spaghetti w/ meat sauce Garlic bread Broccoli Dessert	Chef's Choice	Odds and Ends Buffet	Chicken fried steak Mac-n-cheese bites Baked beans
Breakfast: Continental	Eggs and bacon	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Sausage, egg, and cheese bagel	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Breakfast burrito	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Hot dog Mac-n-cheese Peas Oranges Vanilla Wafers	Cheese and meat nachos Black beans Corn Peaches	Chicken nuggets Diced potatoes Green beans Apples Biscuit	Chicken alfredo Cheese bread Broccoli Fruit salad Oreo cookies	Pizza Mixed veggies Oranges Carnival cookie	Brunch
Dinner: <i>To-Go Dinner</i> Frozen Dinner Salad Bar	Grilled chicken/ fried fish Rice pilaf Roasted vegetable Oatmeal cookie	Beef and broccoli Fried rice Egg roll	Lasagna Garlic bread California blend Cookie	Beef stroganoff Mashed potatoes Carrots French bread Cereal treat	Odds and Ends Buffet	Chicken pot pie Corn Fruit
Breakfast: continental	Belgian waffles	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Sausage, egg, and cheese bagel	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Eggs Sausage link Hash brown	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Philly cheesesteak Corn Chips Fruit cocktail Cookie	Spaghetti Garlic bread California blend Peaches Chocolate chip cookies	Chicken nuggets Sweet potatoes fries Green beans Pears Roll	Orange chicken Rice OR Lo Mein Mandarin veg Pineapple Sugar cookie	Pizza Carrot sticks Oranges Vanilla wafers	Brunch
Dinner: <i>To-Go Dinner</i> Sandwich Bar Chips	Beef Fajita Chips and salsa Beans Dessert tortilla	Fried chicken Mashed potato Yeast roll Corn Dessert	Chicken parmesan Garlic bread Zucchini Dessert	Pork chops Baked potato bar Carrots Roll Ice cream	Odds and Ends Buffet	Chicken Cordon Bleu Scalloped potato Dinner roll Vegetable
Breakfast: Continental	Eggs and bacon	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Sausage, egg, and cheese bagel	Continental style <i>Boiled eggs cereal, bagels, etc.</i>	Breakfast burrito	<i>Early Bird To-Go on request Friday nights.</i>
Lunch: Guest Chef	Chicken/cheese quesadilla Taqitos Corn Pears Churro	Corn dog Tater tots Peas Fruit salad Chocolate chip cookie	Chicken nuggets Scalloped potatoes Green beans Apples Biscuit	Ham melt sandwich Soup Sun chips Peaches Brownie	Pizza Mixed veggies Oranges Carnival cookie	Brunch
Dinner: <i>To-Go Dinner</i> Frozen Dinner Salad Bar	Hamburger w/ toppings bar Fresh cut fries	Taco Tuesday	Chicken alfredo Bread stick Italian blend Cookie	Enchiladas Chips and salsa Spanish rice Refried beans Churro	Odds and Ends Buffet	Pulled pork/ chicken Salad Hushpuppy Baked beans

**Menu subject to change without prior notice.

Box Requests

Please call (480) 245-7920.
See the Student Handbook
for the To-Go Box Policy.

Town Students & Guests

Commuting students and
IBCS visitors may purchase
tickets for on-campus meals
at the TBC Front Desk.

Breakfast: \$4.00
Lunch: \$5.00
Dinner: \$6.00

Scheduled Menu Changes

See the weekly Heads Up for specifics.

Event and Date	B	L	D
Re:Vive Retreat (Jan 26-27)	X	X	X
IBCS Annual Banquet (Feb 17)			X
Day of Rest (Feb 19)	X	X	
Good Friday (Mar 29)			X
Easter Sunday (Mar 31)		X	X
Tacos & Testimonies (Apr 27)		X	X
Concert rehearsal (May 2)			X
Commencement concert (May 3)			X

Meal Times

Sunday
Breakfast: 8:00-8:30 a.m.
Lunch: Following ABF, when the
Guest Chef is ready.
Dinner: 7:30-8:00 p.m.
Monday-Friday
Breakfast: 6:45-7:45 a.m.
Lunch: 11:15 a.m.-12:30 p.m.
Dinner: 5:30-6:15 p.m.
Wednesday
Dinner: 5:30-6:00 p.m.
Saturday
Brunch: 11:00 a.m.-12:00 p.m.
Dinner: 5:30-6:15 p.m.

The kitchen is on
restricted access.

DO NOT ENTER

All boxed meals will be in
the fridge in the hallway
next to the lunch room.

